

ADDITIONAL RESOURCES

Work Connections

UCP's Supported Employment service helps individuals take the next step from learning work skills and habits to obtaining employment in the community.

A supported employment specialist works with the individual, helping them first to obtain employment and then to learn the tasks involved in their new job. The employment specialist stays on as job coach until both the employer and employee are satisfied with his or her job performance.

Assistive Technology

UCP's Assistive Technology program helps individuals obtain devices and services to help them live independently, work, go to school, and participate in their communities.

Assistive technology devices range from simple tools to help reach or grasp objects to sophisticated communication devices.

Assistive technology can help adults build on and use the skills they learn in the program setting in their daily lives.



ADULT

DAY

PROGRAM



About the Program

A developmental program for adults was the first service offered by United Cerebral Palsy of NEPA.

The service has evolved dramatically, from providing recreational activities to people who had little opportunities in that realm, to providing a spectrum of activities to help individuals learn skills that help them live more independently, participate in activities in their communities, and obtain employment.

About UCP of NEPA

United Cerebral Palsy of NEPA provides services for people with a variety of disabilities.

Early intervention services, and the Lekotek and Compuplay programs are for children with special needs.

Services for adults include a day program, supported employment service and community living opportunities.

The Home Services and Assistive Technology programs both serve individuals of all ages.

No person shall be excluded by UCP from services due to race, color, creed, sex, disability, age, national origin, or limited English proficiency.

The Adult Day program offers a variety of activities based on the needs and interests of the program participants.

- ◆ Instruction in self-care and household tasks helps individuals become more self-sufficient, whether the ultimate goal is living independently or being able to contribute within their current living arrangement.
- ◆ The program has contracts with several area companies to do work activities which help the adults learn the structure and procedures of a work environment while enabling them to earn money.
- ◆ Educational activities for personal enrichment are also offered.
- ◆ Socialization is an important part of the program experience.

Program hours are Monday thru Friday, 8:30 am to 3 pm, although not all the adults attend every day.

Adults ages 18 and up with a developmental disability may be eligible to enroll. Eligibility is not contingent on level of independent functioning.

Community Options

A component of the Day Program, Community Options provides transportation and other supports for individuals in the program to participate in activities in the community.

Some of the activities the adults attend/participate in are:

movies
visits to area attractions
dining out
bowling
concerts
shopping
swimming
parks
manicures
and more!

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Program Activities Overview

- ◆ Computer activities
- ◆ Paid work activities
- ◆ Volunteer activities
- ◆ Social involvement with community groups
- ◆ Lifeskills
- ◆ Sensory stimulation
- ◆ Problem solving/cognitive skills activities
- ◆ Current events
- ◆ Work preparedness training
- ◆ Arts & crafts
- ◆ Cooking
- ◆ Exercise
- ◆ Parties
- ◆ Cook-outs
- ◆ Movies