

*UCP volunteers demonstrate...
tireless support,
unwavering optimism,
a servant's heart,
and above all,
commitment to community.*



Today and Beyond... Changing Lives Into the Future

The need for UCP programs and services--and the need for volunteers and donors who support our mission--will continue to increase among four key segments of the population in the years ahead:

- * **Premature and low birth weight babies with physical, cognitive, and developmental disabilities.**
- * **Individuals who acquire a disability as a result of an accident or illness.**
- * **Expanding aging population.**
- * **Individuals with Autism.**

To learn more about our volunteer opportunities, call the UCP Community Relations Coordinator at 717.975.0611 or visit our website at www.ucpcentralpa.org.

For more information about UCP programs and services, or to make a donation to the UCP Foundation of Central PA, call locally: 717-737-3477 call toll-free: 800-998-4827 or visit www.ucpcentralpa.org.



*Together... we are
changing lives.*



Our volunteers are
ordinary people with
extraordinary hearts.

UCP Central PA Volunteers... Changing Lives Through the Years

For over half a century, UCP Central PA has been offering programs and services to meet the needs of people of all ages and all types of disabilities.

Throughout that time, UCP has continually evolved and grown to meet the needs of the community. We currently provide programs and services to over 3,300 individuals and families in 15 counties throughout Central Pennsylvania.

This outreach through the years would not have been possible without the generosity of spirit and the time and talents of many hundreds of volunteers who serve in three key areas:

- * Governance
- * Program
- * Event



UCP Governance

UCP is governed by an all-volunteer Board of Directors and four committees that provide oversight over key aspects of our organization: Operations & Finance, Human Resources, Programs & Services, and Community Relations & Development.

Typically, these individuals are successful community and/or business leaders who are looking to give back to the community in some measurable way. They often have an affinity for (if not a personal stake in) UCP, and are willing to put their time, talents, and abilities to work to help sustain and grow programs and services for people with disabilities.

UCP Programs

Year-Round Program Volunteers

Childhood Program needs include:

- ☆ In-house field trips
- ☆ In-class readers
- ☆ Arts and crafts
- ☆ Musical activities
- ☆ Art Show volunteers
- ☆ Outdoor maintenance
- ☆ Gardening



UCP's childhood programs are operated out of the Capital Area Children's Center in Camp Hill.

Adult Day Program needs include:

- ☆ Arts and crafts
- ☆ Musical activities
- ☆ Fitness activities
- ☆ Community outings
- ☆ Companionship
- ☆ Outdoor maintenance

Volunteers are needed at the following adult day program locations:

- ☆ Camp Hill
- ☆ Carlisle
- ☆ Harrisburg
- ☆ Lewistown
- ☆ Mechanicsburg
- ☆ Middletown
- ☆ Newport
- ☆ Shippensburg
- ☆ Sunbury



UCP Events

Event-Specific Volunteers

UCP Magic Night Dinner/Dance and Gala



UCP/SchmidtKramer Golf Tournament

Volunteer committees plan and organize the above two events with UCP staff. Activities include:



- ☆ Soliciting sponsorships and advertising
- ☆ Soliciting live and silent auction items
- ☆ Promoting the event among family, friends, and peers
- ☆ Assisting with mailings
- ☆ Assisting as needed the day before and/or day of the event

Walk for a Healthy Community Sponsored by Highmark

Volunteer needs include:

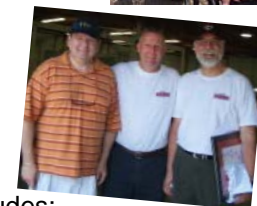
- ☆ Promoting the event
- ☆ Recruiting walkers
- ☆ Assisting with mailings
- ☆ Assisting the day of the event



UCP/Senators Sports Memorabilia Auction

Preparation for this event includes:

- ☆ Promoting the event
- ☆ Soliciting live and silent auction items
- ☆ Serving as a runner or cashier the day of the event



UCP Annual Holiday Gift Wrap

Planning and preparation includes:

- ☆ Soliciting event supplies
- ☆ Wrapping gifts as scheduled
- ☆ Promoting the event

